

From: "The Wilderness Society" <ncinfo@twsw.org>
 Subject: Ski the Beautiful Icicle River Trail



February 2009 News & Quick Links:

My North Cascades Story

*By Dave Button, Owner & Guide,
 Pacific Northwest Float Trips*

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Cashmere



Welcome

Dear Andrea,

I think it's safe to say that this winter's weather has been a bit unusual--and a bit cruel to our area's winter sports enthusiasts. If you count yourself among this group, don't fret. Instead, head out to the Leavenworth area or the Methow Valley and enjoy some of the nation's best cross-country skiing trails. Groomed regularly, these trails are kept in good shape as long as there is snow on the ground and offer a much needed escape to the winter outdoors.

Check out February's [Hike of the Month](#) for a great trip idea or try something new like wildlife tracking with the Methow Conservancy!

If you like what you see in this newsletter, please visit

[Tell a Friend](#)

Know someone who would like to learn more about the North Cascades? [Click here and let them know!](#)

[Learning Activity of the Month](#)

All About Long Distance Hiking
 Ever consider hiking the Pacific Crest Trail? Or maybe you want to beef up your normal backpacking trip a few days. Join REI expert Jorj Aldair for this informative look at what it takes to prepare and plan for a long distance backpacking trip. [Learn more here.](#)

[Leavenworth Winter Sports Club](#)

Since 1928 the [LWSC](#) has been facilitating winter recreation in the Leavenworth area. Their purpose is to promote health, fitness and fun through skiing and other winter sports by providing quality facilities, education and activities to the community.

[Featured Item](#)

Ask a Ranger

Have you wondered how or when your favorite trail was built? Do you have other questions about public lands in the North Cascades that you'd

www.experiencewilderness.org where you will find additional adventures and exciting event suggestions. We update our website regularly, so please check back often.

Until next month,

--John Chelminiak, North Cascades Initiative Director

The Wilderness Society's North Cascades Initiative envisions the North Cascades as a celebrated national treasure, where wilderness is preserved for future generations, where recreational opportunities are enhanced and well-planned, and where vibrant local communities realize the benefits of the wildlands surrounding them.

My North Cascades Story

By Dave Button
Owner & Guide,
Pacific Northwest Float Trips

For me, winter time in the North Cascades always stirs up memories of my boyhood days spent along the Skagit River, Gorge Dam and Gorge Lake...a wonderland for any boy. My family moved to Diablo when I was eight-months old and my adventures began. [Click here to continue reading Dave's story.](#)



Captain Dave Button

like to have answered? Now's your chance to [ask a ranger!](#)

Visit Our Website

We have redesigned our website! Check it out at www.experiencewilderness.org.

Questions? Comments?

Email us at ncinfo@twsnw.org.

This message was sent to AIMLER@TWSNW.ORG. Visit your [subscription management page](#) to modify your email communication preferences or update your personal profile. To stop ALL email from The North Cascades Are Calling, click to [remove](#) yourself from our lists (or reply via email with "remove or unsubscribe" in the subject line).

Conservation

Natural Wonders of the North Cascades

The "Art of Wildlife Tracking" Field Workshops

Explore the winter landscape of the Methow Valley with professional wildlife tracker, Gabe Spence. Learn the six arts of tracking wildlife, including how to identify and interpret tracks and signs.

[Find out more about this event and others here.](#)

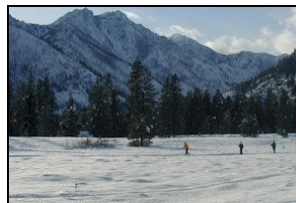
Recreation

Explore the North Cascades

Icicle River Trail, Leavenworth

For this month's Hike of the Month, we wanted to feature a trail for cross-country skiing. As the most popular trail in the Leavenworth Winter Sports Club system, the Icicle River Trail seemed like an obvious choice.

[Learn more about this fantastic cross-country ski trip by clicking here.](#)



Icicle River Trail
Credit: [Alpen Rose Inn](#)

Vibrant Communities

Cashmere

Located between Wenatchee and Leavenworth along the banks of the Wenatchee River, Cashmere is the geographic center of Washington State. Averaging over 300 days of sunshine a year, you're nearly guaranteed a beautiful day to take part in some of the abundant recreational opportunities. [Learn more about Cashmere by clicking here.](#)



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